

Important Fall Sport Information

PHYSICALS ARE DUE BY Friday, July 22, 2022

Starting Dates

Wednesday, August 10th-Football & Cheerleading

Wednesday, August 17th- Girls Tennis

Monday, August 22nd-Field Hockey, Cross Country, Girls Soccer, Boys Soccer, and Gymnastics

Thursday, August 25th- Dance Team

Please Look for additional information on our school website under the Fall Sports Tab

Issues with paperwork that will delay your clearance

On the sports physical, please double-check that the doctor's portion is completed in its entirety, along with their office stamp.

Vital Sign Parameters: (Please check before you leave the office- please make sure your child's vital signs are within the below parameters. If not, ask for a recheck).

Blood Pressure must be less than or equal to 138/88.

Pulse less than or equal to 99.

Vision must be under 20/40. If 20/40 or higher, we cannot accept this vision without a note from the ophthalmologist stating, "The documented visual acuity is the patient's best-corrected vision."

If the student defers any portion of the exam, they will not be permitted to participate in school sports.

Please ensure all parent portal forms are completed and submitted electronically on the genesis parent portal.

If applicable: Please make sure all medical forms (Asthma, EpiPen, Diabetes, Seizures). If you have not turned them in, be sure to turn them in with the sports physical, or your child cannot participate in sports. If your child sees a cardiologist or needs specialist clearance, please be sure to get it turned in with the sports physical also.

Please contact our school nurse with any questions or concerns
Melanie Lorentz, R.N. C.S.N
732 792-7200 Ext 5044

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